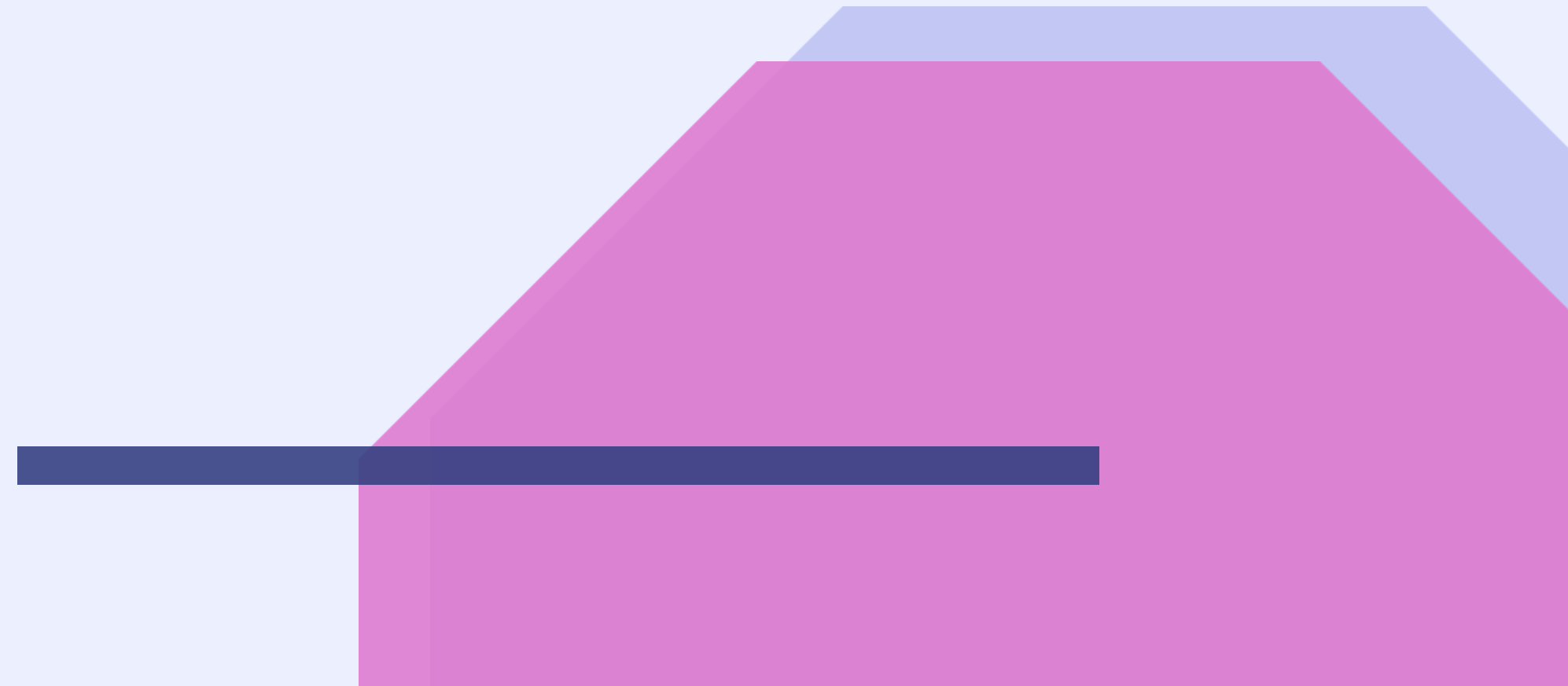


TRAUMA INFORMED SUPERVISION

Rebecca Nickels, MSW
RPN Strategies



Learning Objectives

EXPLORE
WAYS TO
CREATE
HEALTHY
WORK
PLACES

PROVIDE
SUPER-
VISION
BASED ON
TRUST AND
COLLABOR-
ATION

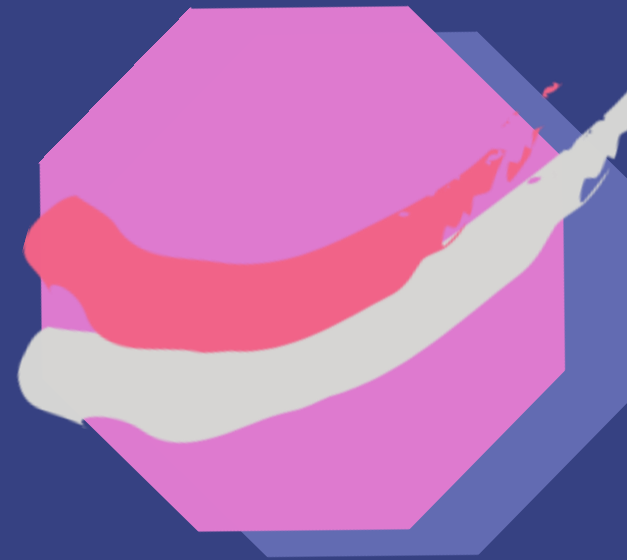
PROVIDE
TANGIBLE
TOOLS TO
USE OFTEN

DISCUSS
PRACTICES
THAT
MITIGATE
VICARIOUS
TRAUMA
FOR
EMPLOYEES

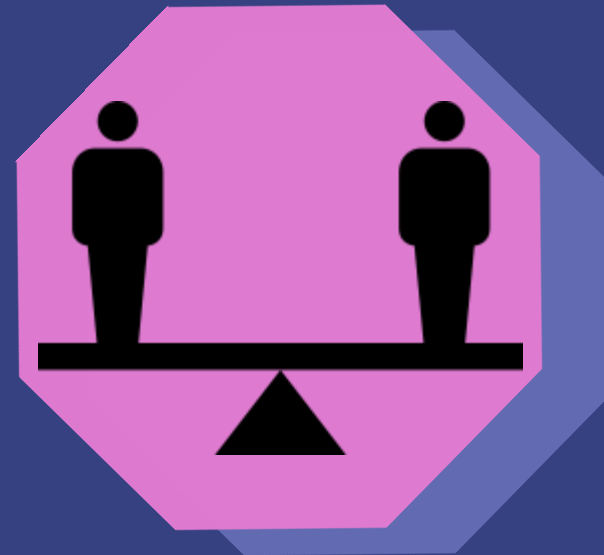
Trauma Informed Supervision Sees the Whole Person



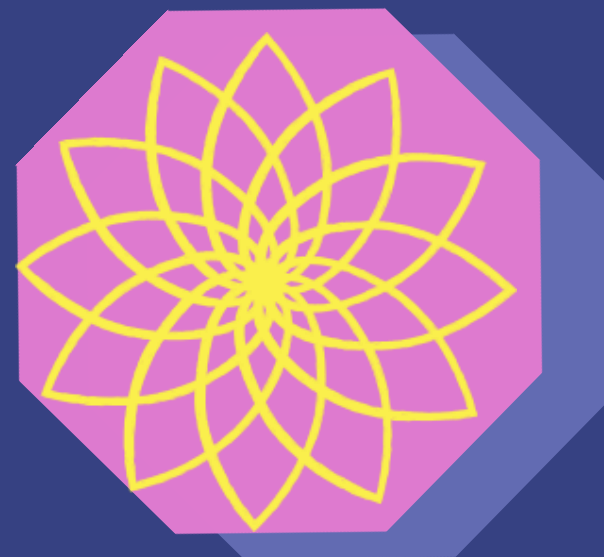
Foundations of Good Supervision



SELF AWARENESS
& HUMILITY




AUTHENTIC
RELATIONSHIPS





MINDFULNESS




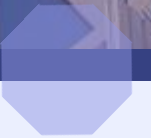
ADDRESSING WORK PERFORMANCE ISSUES TRAUMA RESPONSE CONSIDERATIONS



Do you know how vicarious trauma may be impacting the employee?





Do you have a sense for how the scenario may be impacting the employee based on their lived experiences?

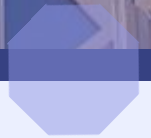



Are there parts of the scenario that may be bringing up feelings of hope- or helplessness?


ADDRESSING WORK PERFORMANCE ISSUES CULTURALLY RESPONSIVE CONSIDERATIONS



Are your expectations based on what dominant culture has taught you?



What are the differences in your communication styles?



Are there dynamics in the scenario grounded in racism, ableism, homophobia, etc?



**PREPARE
YOUR OWN
Self Care**